



June 2006



St. Clair Street Senior Center Adult Day Services 615-848-2550

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1) Exercise Zig-Zag Game Summer Bingo 3-D Star Craft Cornbread	2) Exercise Frazzle Game Movie Classic Hot Potato Game Mind Joggers	3 
4	5) Exercise Personal mugs craft Farm Bingo Proverbial Wisdom Bingo/Uno	6) Exercise Proverb Cards Balloon Bounce Waffles Sing Along	7) Exercise Discussion cards Greeting Cards craft with Yukiko Basketball Sing Along	8) Exercise Volunteer Paws Bowling Word Search (large print) Craft Activity	9) Exercise Ring Toss Game Summer Bingo Father & mother's main advice Your own motto	10 
11 	12) Exercise Horsehoes Patriotic Coloring Proverbs/Jokes Senior Bus Trip Game	13) Exercise Darts Stain Glass Coloring Shake Loose a Memory USA Bingo	14) Exercise Patriotic Sing-a-long Flag Day Party Flag Day History Jessica's Birthday Tote Bag Craft	15) Exercise Movie Day—Popcorn Summer Poem Juneteenth History Tennessee Bingo	16) Exercise Picnic Feely Game The gift of Wealth Basketball Toss Memories of Fathers Father's Day History	17 Bernice's Birthday!
18 International Week	19) Exercise Mexico Day Sombrero Hat Craft Mexican Snack Basketball Toss	20) Exercise Japan Day Kimono modeling Japanese Snack Basketball Toss	21) Exercise Ireland Day Legends of Ireland Irish Soda Bread Baking project	22) Exercise Canada Day Travel Video Canadian customs Famous Canadians	23) Exercise Social Hour Outdoors USA Bingo Summer in the City Summer Travel Game	24 
25 	26) Exercise Summer "picnic" Horseshoes Jokes—Humor Sing Along	27) Exercise Balloon Bounce Irish Soda Bread Baking project Irish Music	28) Exercise Advice for June Brides Around the World Jingo Basketball Bear Clothes –Yukiko	29) Exercise Tennessee Bingo Life Stories Game Beach Ball Toss Discussion Cards	30) Exercise Native Americans Family Reunions Relative Words List Blackberry memories	